

Govt. College Solan

Session 2023-24

Mentor-Mentee Programme

Programme Coordinator: Dr Manju Thakur

Mentor-Mentee Programme is an excellent step taken by Govt College Solan, for the overall development of the students. The programme is started with a goal to help the students to strengthen their varied capabilities and to build an interpersonal relationship between the faculty members and students. Mentoring will provide emotional and instrumental support to the students through guidance, and encouragement, thereby creating a better environment for learning in the college.

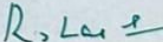
This Programme was initially started with first year students of Science Faculty only in session 2023-24. Each faculty member is assigned with the task of mentoring about 10-15 students as Chief Mentor. The senior students from BSc IInd and IIIrd year are also given roles of Student-Mentors.

It was decided that Memtor Mentee Meet up would be held on last Saturday of every month of the teaching period, September 30th being the first. Hence, Total Four sessions were held in session 2023-24.

Groups & Mentors

S.N.	Chief Mentor's Name	Mantees (BSc Ist Year Students)	DSC-I	Student Mentors	
				BSc II Year	BSc III Year
1	Dr Lalit Guleria + Dr Ramesh Kashyap	First 13 Boys	Maths	Lakshay Kumar	Sahil Sharma
2	Dr Yogesh Jain	Rest 13 Boys	Maths	Ritik Sharma	Ayush Sharma
3	Dr Prem Praksh Negi	13 Boys	Physies	Himanshu Raj	Vishal & Hitesh Sohta
4	Dr Deepak Gupta	12 Boys	Computer Science	Abid	Kamal
5	Dr Satish Thakur	12 Boys (9+3)	Chemistry + Geology	Arpan	Yashpal
6	Dr AV Nidhi + Dr Ishwar Dutt	10 Boys	Botany	Rahul	Mukul
7	Dr Anil Thakur	11 Boys	Zoology	Vaibhav	Adarsh Verma
8	Dr Jagdeesh Chand	10 Boys	Botany	Manish	Aman
9	Dr Shivani Sharma	12 girls	Zoology	Himani	Prerna & Aradhana
10	Ms Kanupriya	12 Girls	Zoology	Chanchal	Kajal & Ankita
11	Ms Arti Negi	10 Girls	Maths	Sheetal Sharma	Twinkle Thakur
12	Dr Tanvi Kapoor	12 Girls (10 +2)	Maths + Geology	Mehul Sehjal & Sunidhi	Divya Dogra
13	Ms Rupa	15 Girls	Botany	Pritika	Himadri Sharma & Harshita
14	Ms Preeti	14 Girls	Botany	Bhumika	Simran & Shiwani
15	Ms Ritika	15 Girls (9+6)	Physies + Comp. Science	Parul Sharma	Neelam & Rubal Diwan
16	Dr Manju Thakur	16 Girls	Chemistry	Arti & Komal	Ashima Kanwar

For any clarification kindly contact Dr Manju Thakur (Department of Zoology)


 Principal

Time Table for Mentor-Mentee Meet-Up

The Mentors and Mentees are expected to meet once every month i.e. Fourth **Saturday of every Month**. The agenda for every meet-up will be shared in the Whatsapp group in advance.

Venue	12.00 -12.40	12.40-1.20	1.20-2.00
Chemistry Lab	Dr Lalit Guleria & Dr Ramesh Kashyap		Dr Yogesh jain
Physics Lab-I	Dr Anil Thakur	Dr AV Nidhi & Dr Ishwar Dutt	Dr Deepak Gupta
Physics lab-II	Dr Jagdish Chand	Dr Satish Thakur	Ms Ritika
Zoology lab		Dr Manju Thakur	Dr Shivani Sharma
Botany Lab	Dr Prem Prakash	Dr Arti Negi	Dr Preeti
Geology lab	Ms Kanupriya	Dr Tanvi Kapoor	Ms Rupa

Principal

Group Details

Venue	12.00 -12.40	12.40 -1.20	1.20-2.00
Chemistry Lab	Dr Lalit Guleria & Dr Ramesh Kashyap (Group-MB1)		Dr Yogesh Jain (Group-MB2)
Physics Lab-I	Dr Anil Thakur & Dr Jagdish Chand (Group-ZB)	Dr AV Nidhi & Dr Ishwar Dutt (Group-BB)	Dr Deepak Gupta (Group-CSB)
Physics lab-II		Dr Satish Thakur (Group-CGB)	Ms Ritika (Group-PCSG)
Zoology lab		Dr Manju Thakur (Group-CG)	Dr Shivani Sharma (Group-ZG1)
Botany Lab	Dr Prem Prakash (Group-PB)	Dr Arti Negi (Group-MG)	Dr Preeti (Group-BG2)
Geology lab	Ms Kanupriya (Group-ZG2)	Dr Tanvi Kapoor (Group-MGG)	Ms Rupa (Group-BG1)

Abbreviations used for Groups:

MB1: Maths DSC-1 first 13 Boys

MB2: Maths DSC-1 remaining Boys

ZB: Zoology DSC-1 all Boys

PB: Physics all Boys DSC-1

BB: Botany DSC-1 first 10 Boys

CSB: Computer science DSC-1 all Boys

CGB: Chemistry Geology DSC-1 all Boys

PCSG: Physics Comp. Science DSC1 all Girls

CG: Chemistry DSC-1 all Girls

ZG1: Zoology DSC-1 first 12 Girls

ZG2: Zoology DSC-1 remaining Girls

MG: Maths DSC-1 first 10 Girls

MGG: Maths Geology DSC-1 (Remaining Maths Girls + Geology)

BG 1: Botany DSC-1 first 15 Girls

BG 2: Botany DSC-1 remaining Girls

R. L. S.

Glimpses from Sessions



